



Prevent. Detect. Live.®  
SpotSkinCancer.org

## Men and Skin Cancer

### The risk increases as you age



If you are a man over 50, you're in the group that is most likely to develop skin cancer. That's why it's so important to get screened for skin cancer. The American Academy of Dermatology offers free SPOTme® skin cancer screenings across the country and throughout the year.

#### What is a skin cancer screening?

- A skin cancer screening is a visual examination of your skin by a dermatologist.
- It just takes a few minutes and does not require a blood test or any other medical test.
- By looking at your skin, a dermatologist can find any suspicious spots that may be skin cancer. If it is caught early and removed, skin cancer has a high cure rate.

You can find the location of a free SPOTme® skin cancer screening at the American Academy of Dermatology's website: [SpotSkinCancer.org](http://SpotSkinCancer.org).

#### What is a dermatologist?

Dermatologists are medical doctors with three additional years of education and training in diagnosing and treating the skin, hair and nails. Dermatologists diagnose and treat more than 3,000 different diseases, including skin cancer.

#### Prevent. Detect. Live.™

You can reduce your risk of getting skin cancer.

- Prevent: Seek shade, wear protective clothes and apply sunscreen
- Detect: Look for new or changing spots on your skin
- Live: See a board-certified dermatologist if you notice anything on your skin that's changing, itching or bleeding.

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To find a free SPOTme® skin cancer screening in your area, visit [SpotSkinCancer.org](http://SpotSkinCancer.org) or call 888-462-DERM (3376)